

The C. G. Jung Association of Central Ohio is pleased to present

Awakening the Ecstatic Experience

Presented by Belinda Gore



Friday, February 19, 2010 7-9 pm Introductory Lecture
Saturday, February 20, 9:30-4:00 Experiential Workshop
First Community Church, Brownlee Hall, 1320 Cambridge Blvd., Columbus, 43212

The human need for ecstasy – the ability to be free of the limits of ordinary consciousness – is as imperative as the need for food. Indigenous cultures and the civilizations of antiquity developed specific rituals to induce and channel trance energies to detoxify and nourish the subtle body. The body postures seen in ancient art from Mayan, Egyptian, African, Native American, Sumerian and other traditions are a doorway into experiencing this kind of ecstatic trance.

The evening lecture will include a slide show of postures from around the world and a review of the method used to guide individuals into the experience of ecstatic trance. On Saturday we will use the method to experience the art of healing and the mysteries of initiation using ritual postures.

The Friday lecture is a prerequisite for the Saturday workshop.



Certified instructor Belinda Gore is a long-time member of JACO. As a psychologist she has explored the use and value of ecstatic trance in contemporary life. Her new book, *The Ecstatic Experience: Healing Postures for Spirit Journeys*, forms the foundation for this workshop.

In case of inclement weather, please check outgoing message at 614.291.8050 for update.

Friday lecture only:	JACO Members	\$20 Early Registration;	\$25 after February 12
	Non-members	\$25 Early Registration;	\$30 after February 12
Friday and Saturday:	Members	\$80 Early Registration;	\$90 after February 12
	Non-members	\$95 Early registration;	\$105 after February 12

Minimum participants -- 6

Registration Form

Check enclosed Please charge my Credit Card Member Non-member

Name(s) _____ Address w/ zip code _____

Phone _____ eMail _____

20th Anniversary Donation _____ (tax deductible) Total enclosed _____

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