

**Resources for Anti-racism Studies** (also Google “Racism resources” and check Amazon Books)

Books:

*White Fragility* by Robin DiAngelo

*The Making of a Racist* by Charles Dew

*Slaves in the Family* by Edward Ball

*Democracy in Chains* by Nancy McLean

*Stamped from the Beginning* and *How to be an Anti-Racist* by Ibram Kendi

*The History of Whiteness* by Nell Painter

*The Warmth of Other Suns* by Isabel Wilkerson

“Playing the Race Card: A Cultural Complex in Action.” by Thomas Singer. In *Sacral Revolution: Reflecting on the Work of Andrew Samuels*, edited by Gottfried Heuer

*African Americans and Jungian Psychology: Leaving the Shadows* by Fanny Brewster

“Every Voice, Every Vote Counts” by Alan Vaughan. In: *Cultural Complexes and the Soul of America*, edited by Thomas Singer 2020

Documentaries:

*Race, The Power of an Illusion*. Directed by Tracy Heather Strain. Written by Tracy Heather Strain. . 2003. California Newsreel

The Truth About the Confederacy with Jeffrey Robinson, JD

<https://www.youtube.com/watch?v=QOPGpE-sXh0>

*Thirteenth* by Ava Duvernay

*Microaggressions and Implicit Bias: Anti-Bias Strategies for Targets, Allies and Bystanders*, with Derald Sue, Ph.D. provided by Wiley

Actions to Take:

1. Educate yourselves regarding racism and its history (see above)
2. Write to your legislators, mayors, city councils and demand a reining in of police brutality.
3. Take workshops to become more aware of your unconscious racist beliefs and actions; learn how to make repairs