



## Finding Wisdom in Aging and Loss



**The Jung Association  
Annual Claire Bauza  
Lecture  
Presented by  
Elaine Mansfield**

Friday May 17, 2019  
from 7-9 pm and  
Saturday May 18  
from 9 am to 1 pm

### Friday's Program: "Turning Toward Soul"

As we age, we lose what we counted on—people we love, jobs, homes, our health, and our belief that we're in charge of life and can fix any problem that arises. Using an example from my life, we'll explore how turning toward loss led to meaning and a new path toward Soul or Self. We'll discuss ancient mythological stories to find universal patterns in our unique losses.

### Saturday's Program: "Harvesting the Gifts of Aging and Loss"

The Hero's Journey is an integral part of our culture: an ascending path toward light where the all-powerful hero conquers the enemy and brings home the treasure. But what about those challenges we can't conquer with our will? In aging, grief, and illness, the heroic ego takes a back seat. When circumstances are beyond our control, we may feel depressed, helpless, and betrayed. A sense of darkness surrounds our broken sense of self. These unavoidable experiences can become Initiations of Descent and bring gifts of compassion and deeper levels of understanding.

Elaine Mansfield's book *Leaning into Love: A Spiritual Journey through Grief* won the 2015 Gold Medal Independent Publisher Book Award for Aging, Death, and Dying.

In 2017, her essay "Wild Nights: Grief Dreams, Mythology, and the Inner Marriage" won first place in the C.G. Jung in the Heartland competition.

### REGISTRATION

Call 614-291-8050 or online at  
[www.jungcentralohio.org](http://www.jungcentralohio.org)

#### Members

Fri \$35 Sat \$45  
\$45 & \$55 after May 13  
Fri & Sat \$70  
\$90 after May 13

#### Not Yet Members

Fri \$45 Sat \$65  
\$55 & \$75 after May 13  
Fri & Sat \$90  
\$100 after May 13  
\$15 CEU fee

**2 CEU's Friday**

**4 CEU's Saturday**

**LOCATION – Brownlee Hall at  
First Community Church, 1320  
Cambridge Blvd, Columbus,  
Ohio 43212**