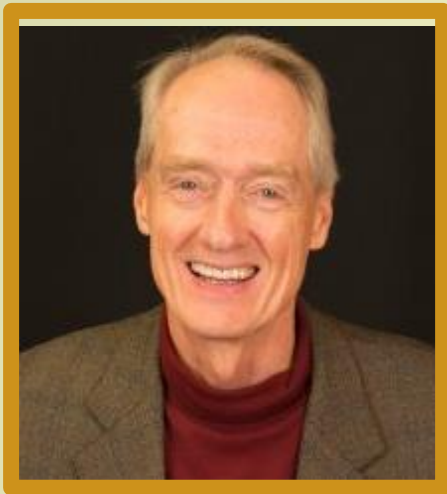




# JACO

C. G. Jung Association of Central Ohio  
59 W. 3rd Ave. Columbus, Ohio 43201  
614-291-8050 jungaco@jungcentralohio.org

## Book Discussion - The Middle Passage: From Misery to Meaning in Midlife



**FACILITATED BY JOHN SCHUSTER AND ED WOJNIAK**

**3 SATURDAYS:**

**OCTOBER 5; OCTOBER 26 AND NOVEMBER 2**

**10:00 AM - 11:15 AM EST**

**REGISTRATION IS LIMITED TO 15 PARTICIPANTS**

The Middle Passage presents us with an opportunity to reexamine our lives and to ask: "Who am I apart from my history and the roles I have played?"

What is the relationship between Jung's concept of individuation and our commitment to others? What attitudes and behavior support individuation and help us move from misery to meaning?

This book shows how we may travel the Middle Passage consciously, thereby rendering our lives more meaningful and the second half of life immeasurably richer.

The author of this much heralded book is James Hollis. Dr. Hollis trained as a Jungian analyst at the Jung Institute of Zurich, Switzerland. He is presently a licensed Jungian analyst in private practice in Washington, D.C. and is the author of 16 books.

John P. Schuster is an author, coach and educator who speaks to a wide range of audiences in various stages of their aging process. He has worked in adult development for many years, first for those in early and mid-career and more recently for those in later-life stages. His work in *Aging with Intention* took root in earnest in 2011 and he is a regular resource as a coach and as a teacher/singer for a variety of individuals and audiences in various stages of the second half of life. He produced podcasts with Public Radio, *Stories for the Ages*, on aging consciously, which are carried by NPR. He holds advanced degrees in literature and Jungian psychology and has four grandkids in Columbus, reminding him and his wife Patricia that the second half of life has its joys.

Ed Wojniak (Daybreak Counseling) has over 25 years of experience in counseling. His areas of clinical focus include depression and anxiety; marital and/or relational conflict; parenting; child or teen behavior problems; and psychological and psycho-educational evaluations.

### REGISTRATION

\$10 for each of the 3 sessions.

*Dr. Hollis will be presenting a lecture and workshop November 15 and 16, 2019, on Living More Fully in the Shadow of Mortality and Living the Examined Life: The Unfinished Business of the Second Half of the Journey. Registration for this November program will be discounted by \$5 for book discussion participants.*

Register Online at

[www.jungcentralohio.orgRegistration](http://www.jungcentralohio.orgRegistration)

Or call 614-291-8050

### LOCATION

The Jung Haus  
59 W Third Avenue  
Columbus, Ohio 43201